American Red Cross
Training Services

# Train for the Moments that Matter

Organizations that choose the American Red Cross for their education and training programs get outstanding, flexible training programs that meet their needs. Every year, the Red Cross provides resuscitation and preparedness training to more than 4.6 million people. You can be confident that Red Cross courses align with the latest evidence-based science, backed by our Scientific Advisory Council.

With the Red Cross, you get a complete selection of training services and materials to create the right program for your organization. You also get the personal service and attention that only the Red Cross can provide.

## Public Safety Two-Year Certification Courses

**Bloodborne Pathogens** (one-year certification)
**CPR/AED for Professional Rescuers**
**CPR/AED** (adult/pediatric or adult only)
**First Aid** (adult/pediatric or adult only)
**First Aid/CPR/AED** (adult/pediatric or adult only)
**First Aid for Severe Trauma**

**Optional Skill Boosts**
- Anaphylaxis and Epinephrine Auto-Injector Administration
- Asthma and Quick-Relief Medication Administration
- Life-Threatening Bleeding and Tourniquet Application
- Opioid Overdose and Naloxone Administration
- Head, Neck, Muscle, Bone and Joint Injuries and Splinting

## Healthcare Two-Year Certification Courses

**Advanced Life Support (ALS)**
**Basic Life Support (BLS)**
**Neonatal Advanced Life Support (NALS)**
**Pediatric Advanced Life Support (PALS)**

**Curriculum Programs**
- Emergency Medical Response
- Responding to Emergencies

## Aquatics Two-Year Certification Courses

**Basic Water Rescue** (three-year certification)
**Lifeguard Management**
**Lifeguarding**
- Lifeguarding
- Shallow Water Lifeguarding
- Waterfront Lifeguarding
- Waterpark Lifeguarding
- Aquatic Attraction Lifeguarding
- Safety Training for Swim Coaches

*Saving lives starts here™*

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